

NHS NETWORKS weekly news stories:

16:36pm, 3 January 2020

[Avoiding conflict with clarity, openness and trust](#)

No-one wants to reach a point where conflict resolution between commissioner, contract manager and provider is necessary. Constructive relationships are vital for the successful provision of high quality services that meet the needs of patients. Investment in building relationships can save a lot of time and stress later on should performance or contract compliance issues arise.

16:35pm, 3 January 2020

[NHS support sees people lose the weight Of 43 ambulances](#)

People finishing the NHS diabetes prevention programme have lost the equivalent weight of 43 ambulances.

16:34pm, 3 January 2020

[DNA testing on the NHS to fast-track diagnosis for critically ill babies and children](#)

The NHS in England is providing a new form of DNA test capable of rapidly diagnosing rare diseases for critically ill babies and children.

16:33pm, 3 January 2020

[HRH Duke of Cambridge and football legends champion mental health](#)

Public Health England has released an Every Mind Matters film to coincide with Emirates FA Cup third round weekend. In an historic first, all 32 Emirates FA Cup third round fixtures this weekend will be delayed by one minute.

16:31pm, 3 January 2020

Further warnings about effect of winter on hospitals

Leaders of NHS trusts are warning that they are more concerned than ever before about the level of risk they will need to manage for patients and their staff this winter.

11:33am, 2 January 2020

Our support for primary care networks

PCC offers support and development services in each of the domains of the maturity matrix, which describes the domains in which networks will need to develop to fulfil their potential.

11:32am, 2 January 2020

Commissioners invited to find out more about the GP patient survey

The 2020 GP patient survey begins on 6 January when questionnaires are posted to more than two million people registered with practices in England.

11:29am, 2 January 2020

Improved NHS migraine care to cut hospital stays

Migraine sufferers will benefit from better diagnosis and care, which will also spare the NHS the headache of 16,500 avoidable emergency hospital admissions every year.

11:28am, 2 January 2020

New guide explains what people can expect when visiting a pharmacy

The General Pharmaceutical Council has produced a new online guide for patients and the public which explains what they can expect when visiting a pharmacy.

11:26am, 2 January 2020

2020 is the year for regular sight tests

The Association of Optometrists (AOP) want people to make new year resolutions to have regular sight tests.

13:34pm, 31 December 2019

The stress-resistant manager: building your resilience

Most of us will suffer work-related stress - and the problem is most acute for public sector staff, particularly those in the NHS. Many are faced with increasing complexity and rising workload, and report a poor work/life balance as they struggle to reconcile work priorities with home or family commitments.

13:33pm, 31 December 2019

London debunks myths about direct booking of urgent care in PCNs

Practices and other primary care providers - and not NHS 111 - retain control of their appointments systems when urgent-care direct booking is introduced, participants in a recent roadshow on integrated urgent care heard.

13:30pm, 31 December 2019

Quick fix diets offer slim chance of success, warns England's top doctor

England's top doctor has warned people making new year's resolutions to lose weight that quick-fix diets that sound too good to be true almost certainly are.

13:28pm, 31 December 2019

[New year honours for Simon Stevens and Dame Sally Davies](#)

NHS chief executive Simon Stevens, who was prematurely knighted many times on social media, officially became Sir Simon Stevens in the new year honours list.

13:26pm, 31 December 2019

[Updated contact details for GPs requesting a patient's British armed forces medical records](#)

When an individual leaves the British armed forces, they are given a copy of their summary medical record, together with information on how to obtain their full service medical record if needed.

10:12am, 30 December 2019

[Dealing with difficult people and situations - courageous conversations](#)

This workshop looks at workplace challenges and fears, what causes stress in these difficult situations, and how to cope with them.

10:10am, 30 December 2019

[Local systems need to join up for urgent care](#)

Direct booking is most likely to succeed when introduced simultaneously across all urgent care services in an area rather than focusing on GP practices.

10:08am, 30 December 2019

[NHS fighting back against rising tide of gambling ill health](#)

The number of people treated in hospital for gambling related conditions has more than doubled.

10:07am, 30 December 2019

[Free hospital parking for some patients, staff and carers](#)

Disabled people, frequent outpatient attenders, parents of sick children staying overnight and staff working night shifts will not have to pay for NHS car parking from April 2020.

13:32pm, 3 January 2020

[Martin Plackard's top tips for making a difference in 2020](#)

NHS Blithering's Martin Plackard MBE was recognised in the new year honours list for services to strategic communications and meaningful engagement. Here he gives his top tips for others who hope to make a very real difference to people, communities and their own career prospects in 2020.